



# Career Replanning

## I Hate my Job!

**Hating one's job is, unfortunately, something that is true for too many people.** It is such an unfortunate predicament.

Sometimes people study for years, only to discover that the work they do is not really what they wanted to do with their lives.

Shadowmatch takes a very specific position: stop, rethink, replan and rebuild. **A career is too important for our success and**

**happiness to leave to chance or to stay in a place where we experience our job as negative and exhausting.**

### What to do

Sign up with a Shadowmatch Career Coach. Your coach will send you an invitation to complete the Shadowmatch worksheet. On completion of the worksheet, the system will write your Personal Feedback Report as well as your Career Report and send you these reports.

### The fun part

Once you have your reports, you must have a few (a minimum of four or five) initial career planning sessions with your coach. You will go through your reports with your coach, create an optimal career summary, discuss different options, test why your current job frustrates you, test possible optimal careers, and put a career plan together.

### What then?

It is best to sign up for career coaching for an extended period of time. This will help you embark on a career success process and redirect your current career path towards an optimal future career.